

ANCIENT CHINESE MEDICINE DESIGNED FOR MODERN NEW YORK LIFE!

As New Yorkers, we lead a unique lifestyle. There's never been anything like it in the history of our world! We work *obsценely* long hours, play just as hard, get hurt unwinding at the gym, and often eat improperly and irregularly. On top of this, we juggle social and family pressures that can really add up. *All* of these factors can harm our body and mind.

David "lives in your world." As a former CIO and executive, he truly understands the stresses of modern New York City life. And that's why his application of Chinese medicine focuses on **restoring balance**: physical, emotional and spiritual. It's designed to let the body heal itself.

IT'S ALL ABOUT BALANCE!

David helps you integrate a variety of healing methods into **your life**. You'll feel better, *and* you'll be able to **achieve more!**



EXPERIENCE A HEALTHIER YOU...INSIDE AND OUT!

Find out why *so many people* refer their family members, friends, and colleagues to David Baron Acupuncture. They're experiencing measurable health benefits – benefits that fit into *their* lifestyle. They're doing so much more than treating aches and pains. They're experiencing a whole new *level* of health!

Are you ready to learn more? Are you ready to access a healthier, better *you*? Are you ready to learn about how acupuncture and other proven healing techniques can totally transform how you feel – inside and out? Then call David Baron Acupuncture today, and schedule an inspiring consultation.

Put yourself be on the path to a healthier you – TODAY!



"I have learned that you do not have to have something wrong with you in order to benefit fully from acupuncture and Chinese medicine." – David Baron



**David Baron
Acupuncture, LLC**

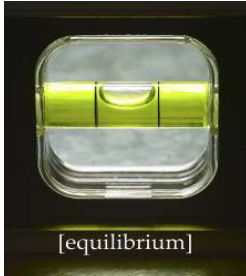
**Address
Phone**

IS ACCUPUNCTURE FOR ME?

In a word: **YES!**

Acupuncture treats you – not just your symptoms. In fact, symptoms are often just the **outer layer** of imbalance.

Using time-tested Chinese medicine tools and modalities, certified healer David Baron reaches to the inner core that causes your internal disharmony. He then expertly re-balances your system to achieve optimal function on a physical, emotional and spiritual level.



ACUPUNCTURE IMPROVES YOUR OVERALL HEALTH AND WELLNESS?



Acupuncture is about much more than treating a specific ailment, such as sciatica or chronic fatigue. It can truly *transform* your overall health in ways that you can't imagine! Thanks to acupuncture and other ancient healing arts, people are experiencing higher levels of health and wellness. They aren't merely living "pain free." They're reaching their true potential to **FEEL AND LIVE HEALTHY!**

CERTIFIED TCM HEALER DAVID BARON EXPANDS YOUR KNOWLEDGE AND ACCESS TO BETTER HEALTH –TODAY!

TSCA trained and certified healer **David Baron** reconnects you with the optimal health that you were *born* to experience and enjoy, such as:

- ☑ Overflowing energy and vitality
- ☑ Release from lingering ailments
- ☑ Freedom from acute pain
- ☑ Liberation from tension
- ☑ Healed joints, bones & muscles
- ☑ Inspired emotional wellness
- ☑ Inner peace, harmony and joy



PROVEN METHODS = REAL RESULTS!

David invests **quality time** to learn about the unique needs and history of every patient. This careful analysis allows him to clearly understand each person's **health potential**, and determine how to achieve improvement goals.

David heals through a variety of **proven methods**, including:

- ☑ Massage Therapy
- ☑ Acupuncture* (see note below)
- ☑ Herbal Medicine
- ☑ Nutrition therapy
- ☑ Qigong
- ☑ Meditation
- ☑ T'ai Chi Ch'uan
- ☑ Martial Arts



* In addition to world-class training in several acupuncture styles, David is trained in **Acupuncture Physical Medicine (APM)**.

APM adds another level of treatment to traditional healing techniques. APM addresses the state of muscles, tendons and fascia (a.k.a. myofascial component).