



YOUR BATTLE WITH THE BULGE HAS A NEW ALLY: YOU.

Dear [Name],

The verdict is in. Carrying too much weight may lead to chilling health problems: high cholesterol, high blood pressure, stroke, osteoporosis, sleep disorders...and the list goes on.

Fortunately, controlling your weight has never been easier! Innovative nutritional ideas combine smart eating with delicious choices. But...there's a catch. YOU have to take the first step - and the sooner, the better!

Here's where to start: find out if you're at a healthy weight by taking a quick assessment in **Weight Condition Center** of your WebMD® Health and Benefits Manager. Once you complete the assessment, you will receive recommendations for maintaining or losing weight - all designed to help you WIN your battle with the bulge!



Weight Condition Center



Weight Condition Center

Gives you information and assessment tools to understand your risks.

**I'm ready to learn
more about my weight.**

- Visit the **Weight Condition Center** today to take a quick assessment.

Weight Management

Assessment

Weight News

Treatment Options

Getting Care

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YOUR BATTLE WITH THE BULGE HAS A NEW ALLY: YOU.

Managing your weight goes beyond simply looking good. Carrying extra weight can lead to serious health problems like heart disease; stroke; cancer; sleep disorders...the list goes on. But YOU can start changing this today! Visit the Weight Condition Center in your WebMD® Health and Benefits Manager. Find out if you are within your ideal weight range. If you are not, you'll receive the latest information that will help you WIN your battle with the bulge!



Weight Condition Center

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Source: WebMD.com

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YOUR BATTLE WITH THE BULGE HAS A NEW ALLY:

Did you know excess weight can lead to heart disease, stroke, cancer, sleep disorders, and more?

Source: WebMD.com

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YOU.

Learn how you can make
a change today in the
Weight Condition Center.



Weight Condition Center

A man with short grey hair, wearing a white tank top, is shown from the chest up. He is holding a white waist circumference measuring tape around his waist. He is looking slightly to the right of the camera with a neutral expression. The background is a plain, light-colored wall. The overall lighting is bright and even.

**YOUR BATTLE WITH THE BULGE
HAS A NEW ALLY: YOU.**



Weight Condition Center

IMPORTANT UPDATE!

Studies show that excess weight can lead to serious health problems. Everything from stroke, to heart disease, to type II diabetes.

But research also shows that you can start changing this dangerous trend today!

Visit the **Weight Condition Center** of your WebMD® Health and Benefits Manager to see if your weight is within a healthy range. Assess your health, follow the recommendations, and WIN your battle with the bulge!

www.webmdhealth.com/acme

Source: WebMD.com

ACME

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[Address]
[City, State Zip]

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YOUR BATTLE WITH THE BULGE HAS A NEW ALLY:

Did you know excess weight can lead to heart disease, stroke, cancer, sleep disorders, and more?

Source: WebMD.com

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YOU.

Learn how you can make a change today
in the Weight Condition Center.



Weight Condition Center

ACME

www.webmdhealth.com/acme

So why delay? Start taking control today! Visit the **Weight Condition Center** in your WebMD® Health and Benefits Manager. Assess your weight, follow the recommendations, and WIN your battle with the bulge!

...and the list goes on.

- > High cholesterol
- > Heart disease
- > Stroke
- > Cancer
- > Sleep disorders

Excess weight can lead to:

Weight Condition Center



Weight

- Assessment
- Weight News
- Treatment Options**
- Getting Care

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